

We also offer, on a referral basis Family Support, Foster Carer Buddy Support, Parenting Courses, Domestic Violence Support course. Please contact the Four Oaks office for further details – **0121 323 1121**

We are developing sessions with Job Centre Plus call 0121 464 5170 for information or to express an interest

All Stay and Play sessions are drop in – small fee approx. £2.00

Admission is first come first served, please arrive promptly

Library sessions are free of charge

Toy Library – charges apply. Call for details or see separate leaflet

This timetable is term time only




Sutton Coldfield Locality Children's Centres



Locality Timetable January 2017



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bush Babies Children's Centre 1 Tudor Close Sutton Coldfield B73 6SX 0121 354 9230	9.30am-11.30am Children's Centre Stay & Play (Emmanuel Church) 9.45am-10.45am (18mths+) Tiny Talk 11.00am-12.00pm (0-18mths) Tiny Talk Tiny Talk Baby Signing (Chester Road Baptist Church - Call Lisa to book 07851627651 or email lisama@tinytalk.co.uk) 12.45pm-1.45pm Baby Massage Boldmere Methodist Church	9.30am-11.00am Rumble in the Jungle Stay & Play (0-4 years) Chester Road Baptist Church 10.00am-10.45am Story Time (Boldmere Library) 2.15pm-3.00pm Library Storytime – (Boldmere Library)	10.15am-11.00am Yummi Mummi Fitness Class (Chester Road Baptist Church) 11.00-11.15am Well Mom's Weight Management Free session takes place after Yummi Mummi's fitness class. Call Vicki 07975841123 Classes to resume February 2017	9.15am – 11.00am Children's Centre Stay & Play (New Oscott Infant School)		
Deanery Children's Centre 14 Fox Hollies Road Walmley B76 2RD 0121 351 5267	1.00pm-2.30pm Antenatal Classes – please book with Midwife Breast feeding room available daily during opening hours only Breast pump hire system available (by appointment only)	 Breast feeding room available daily during opening hours only	1.00pm-2.30pm Grow with Baby post natal Group incl breast feeding support. Supported by a health visitor and other outside agencies Breast feeding room available daily during opening hours only	1.30pm-3.00pm Stay + Play Minworth School Breast feeding room available daily during opening hours only	 Breast feeding room available daily during opening hours only	
Four Oaks Children's Centre Admin office: Arthur Terry School Kittoo Road Sutton Coldfield B74 4RZ 0121 323 1121	9.30am-12.00pm Baby and Child Clinics (Four Oaks Hub) By appointment only. Please contact your health visitor 1.00pm-2.30pm Baby Massage Mere Green Community Centre 5 week course –£20.00 per family BOOKING ESSENTIAL Call or text Jo Wallace on: 07717 883223 Or Email: jwallace@arthurterry.bham.sch.uk	9.00am-11.45am Toy Library - Cluster Room Mere Green School) 10.00am-11.00am Introduction to Solids (Four Oaks Hub) Every 2nd Tuesday in month Please call 0121 323 1121 to book 1.00pm-4.00pm Baby and Child Clinics (Four Oaks Hub) By appointment only. Please contact your health visitor 1.30pm-2.30pm Sensory Play (Toy Library, Mere Green School) Children with additional needs only - Appointments/referrals only - 07824 365980 Selected Tuesday afternoons	9.30am-11.30am Childminders Stay & Play (All Saints Church) 1.30pm-3.00pm Baby Toy Library (Cluster Room Mere Green School) 2.00pm-5.00pm Midwives Antenatal Booking in Appointments (Four Oaks Hub)	10.00am-11.30am Milk Bar - peer support for breastfeeding (Four Oaks Hub) 1.00pm-4.00pm Baby and Child Clinics (Four Oaks Hub) By appointment only. Please contact your health visitor 1.30pm-4.30pm Toy Library - (Cluster Room Mere Green School) Lynda – 07824 365980	9.30am-4.00pm (alternate Fridays) Baby and Child Clinics (Four Oaks Hub) By appointment only. Please contact your health visitor	10.00am-12.15pm Save a Baby's Life (Arthur Terry School) For parents of babies under 1 year old and parents-to-be Contact taylor@arthurterry.bham.sch.uk for availability 1.30pm-4.00pm Save a Child's Life (Four Oaks Hub) For parents of children aged 1-8 years Contact taylor@arthurterry.bham.sch.uk for availability
Holland House Children's Centre Holland Road Sutton Coldfield B72 1RE 0121 675 7171	10.00am – 12.00pm 2 Year Health Reviews APPOINTMENT ONLY 1.00pm – 2.30pm Stay & Play For ages 0-5 years	10.00am-12.00pm Childminder's Stay & Play 10.00am-12.30pm New Pregnancy Bookings BOOKING ESSENTIAL Call Lisa Miner on: 07974 741004 1.30pm-2.30pm Tiny Talk Baby Signing For babies up to 18 months old BOOKING ESSENTIAL Call Lisa Mathias on: 07851 627651 Or email: lisama@tinytalk.co.uk	10.00am-12.00pm Solihull Approach Antenatal Parenting Course Free 4 week course run by Midwives BOOKING ESSENTIAL Please call to book your place: Janet Watson 0121 424 7698 10.00am-4.00pm Birmingham & Solihull Women's Aid Free weekly 'drop-in' Call or text 07974 725015 Or email drop.in@bswaid.org 1.00pm – 2.30pm Post Natal Group Free 'drop-in' for mom's & babies up to 12 weeks Every Wednesday EXCEPT for 2nd Wednesday of month Run by our Community Midwives	9.30am – 10.45am Rhythm Rhyme & Story Time For ages 0-5 years 1.00pm – 2.30pm Baby Massage Course 5 week course - £20.00 per family For babies aged 3 – 6 months approximately BOOKING ESSENTIAL Call or text Jo Wallace on: 07717 883223 Or Email: jwallace@arthurterry.bham.sch.uk		
New Hall Children's Centre Langley Hall Drive Sutton Coldfield B75 7NQ 0121 464 5170	1.30pm-3.00pm Stay & Play 2.00pm-2.45pm Baby signing Love and Cuddles	9.00am-10.30am New Hall Nemo's Swimming Sessions 1.30pm-2.30pm Baby Massage	10.00am-12.00pm New Hall Nemo's Swimming Sessions	9.30am-11.00am Drop In Baby Clinic with Health Visitors (including baby weighing) 1 and 2 Year Development Checks (by appointment only) 9.30am-11.00am Breastfeeding Support Group Breastfeeding peer support with stay & play 1.30pm-3.00pm Home Start Stay and Play	1.30pm-2.30pm Stay and Play	